

PRESCHOOL PROGRAMS

SPORTS R' US: This program will focus on the fun aspects of many different sports. Part of the day may be spent shooting hoops, playing t-ball, pee-wee soccer, or other athletic games. Stretching, movement and following directions will all be emphasized. Participants sign up by the week, for one or all six weeks. (Sports will be repeated each week.) Instructor: Teamworks Staff Location: Hanaford Gym

Ages: 4-6 years	Tues, Wed, Thrs, Fri.	8:30-10:30am
		<u>Course Code</u>
Session I: June 25-June 28, 2019	\$55	SUM120
Session II: No Classes	XX	XXXXX
Session III: July 9-July 12, 2019	\$55	SUM320
Session IV: July 16-July 19, 2019	\$55	SUM420
Session V: July 23-July 26, 2019	\$55	SUM520
Session VI: July 30-August 2, 2019	\$55	SUM620



ALL SPORTS: Class is designed to focus on motor skills, basic sport skills, developing social skills, increasing self-esteem and having FUN! A different sport/activity is featured each week. Instructor: Teamworks Staff Location: Hanaford Gym

Ages: 3-5 years Mondays 8:30-9:45am \$90



Session I: June 24-July 29, 2019 Course Code: SUM122

SQUEAKY SNEAKERS: This popular class offers lots of running around, following directions, developing fine and gross motor skills, and playing cooperatively. Activities include games, songs, parachute games and more! Moms and Dads can join the fun or use the program to help with transitional learning – child independence! Instructor: Teamworks Staff Location: Hanaford Gym

Ages: 2-3 years Mondays 10:00-11:00am Fee:\$75
June 24- July 29, 2019 Course Code: SUM121



PRE-SCHOOL TENNIS LESSONS: A fun introduction to the sport of tennis. Students are taught basic tennis strokes, movement drills and participate in tennis-like games. Students must wear sneakers and have an age-appropriate racquet. Must be potty-trained.

Instructor: Kristen Coker Location: Municipal Tennis Courts

Ages 3-5 years Mondays 8-8:45am Fee: \$60
June 24- July 29, 2019 Course Code: SUM030



MOMMY AND ME YOGA: This class is great for busy mothers. Parent and child will enjoy an interactive children's yoga class together in which they will learn breathing techniques, new yoga poses and relaxation skills. Practicing yoga together will help build strength, coordination and flexibility. Bring a mat and a water bottle to class. Parent participation class.

Instructor: Glenda Kaija Location: Parks & Rec. Office

Ages 3-5 yrs. w/parent Thursdays 10:00-10:45am Fee: \$60
June 27- August 8, 2019 (no class 7/4) Course Code: SUM0024



FAMILY MUSIC: This Family Music class is designed to nurture the child's music aptitude through engaging singing and moving activities. Family friendly with parent participation required. Classes include singing, chants, rhymes, listening, movement, games, echoing, and instrument play.

Instruct: RI Philharmonic Music School's teacher Beth Nichols Location: Parks & Recreation Office

Ages: 1-5 years w/ parent Wednesdays 9:30-10:30am

Fee: \$65/family of 1 or 2 children from the same family

June 26- July 31, 2019 Course Code: SUM011



WHAT'S OUT THERE?- Nature Exploration: Take a nature adventure with the RI Audubon Society staff. Each week your child will explore all that nature has to offer through games, crafts, stories, and walks. Most classes will take place outdoors in Frenchtown Park, so come dressed for the weather with sturdy shoes. (In the event of bad weather the class will move indoors.) Instructor: Laura Carberry Location: Parks & Rec. Office

Ages: 3-5 years Thursdays 9:00-9:45am Fee: \$65

June 27- Aug. 15, 2019 (no class 7/4, 7/11) Course Code: SUM015



DANCE WITH ME: This class is focused on getting youths to have fun and to learn something new in a structured environment. This class is designed to introduce ballet fundamentals; balancing, tumbles and imagination.

Participants must wear active-wear. Leotard, tights and ballet slippers are optional. Parent participation is required.

Instructor: Breaking Arts Dance Location Parks & Recreation Office

Ages: 18mos.-36 mos. w/parent Mondays 9:30-10:15am Fee:\$70

June 24- July 29, 2019 Course Code: SUM020



CREATIVE DANCE: This class is designed for children who are ready to dance on their own. Children will learn basic ballet fundamentals, tumbling basics, balancing, imagination, rhythm and movement. Participants must wear active-wear. Leotard, tights and ballet slippers are optional. Instructor: Breaking Arts Dance

Location Parks & Recreation Office

Ages: 3-5 years Mondays 10:30-11:15am Fee:\$70

June 24- July 29, 2019 Course Code: SUM021



PRE-TAP & BALLET: Children will learn tap and ballet basics and rhythm while practicing taking turns and using their imagination! These classes are progressive to have a successful program. Even at a young age children can do amazing things and really understand dance. Participants must wear active-wear. Leotard, tights, ballet and tap shoes are optional. Instructor: Breaking Arts Dance Location Swift Gym

Ages: 3-5 years Tuesdays 4:30-5:15pm Fee: \$70

June 25- July 30, 2019 Course Code: SUM022

