Youth Athletics & Fitness

SQUEAKY SNEAKERS Fee: $85.00 9 weeks

This popular class offers lots of running around, following directions, developing fine and gross motor skills, and playing cooperatively. Activities include games, songs, parachute games and many more activities. Moms and Dads can join the fun or use the program to help with transitional learning – child independence! Instructor: Program designed and taught by Teamworks Staff.

Ages 2–3½ Tuesdays 9:30-10:15am Swift Gym

Session I January 10 – March 14, 2017 (No class 2/21) Course Code#: WIN0001
Session II March 28 – May 30, 2017 (No class 4/18) Course Code#: SPR0001

ALL SPORTS Fee: $85.00 9 weeks

Fun Dynamic Sports Program! Class is designed to focus on motor skills, basic sport/activity skills, developing social skills, increasing self esteem and having FUN! A different sport/activity is featured each week. Soccer, hockey, & t-ball to name a few of the different sports that will be the focus. Instructor: Program designed and taught by Teamworks.

Ages 3-5 Tuesdays 10:30-11:30am Swift Gym

Session I January 10 – March 14, 2017 (No class 2/21) Course Code#: WIN0002
Session II March 28 – May 30, 2017 (No class 4/18) Course Code#: SPR0002

PRE-SCHOOL GYMNASTICS Fee: $60.00 6 weeks

45-minute structured gymnastics class. Learn basic gymnastics skills as well as self confidence, physical strength, balance, coordination and flexibility. Must be potty trained. Instructor: Aim High Academy Staff

				SESSION I	SESSION II
Ages 3-5	Thursdays	9:00-9:45am	Swift Gym	Course Code: WIN0004	SPR0004

Session I January 5 – February 9, 2017 Session II March 30 – May 11, 2017 (no class 4/20)

GYM AND LEARN Fee: $60 6 weeks

Hands on activities in arts & crafts, songs, stories along with a structured gymnastics class. Meet new friends and develop social skills. Parent participation required. Instructor: Aim High Academy Staff

				SESSION I	SESSION II
Ages 2-3	Thursdays	9:45-10:30am	Swift Gym	Course Code: WIN0003	SPR0003

Session I January 5 – February 9, 2017 Session II March 30 – May 11, 2017 (no class 4/20)

YOUTH TENNIS LESSONS Fee: $60.00 6 weeks

Come learn coordination, ball control, movement, footwork, forehand, backhand, serving and volleying. You must have your own age appropriate racquet and wear sneakers.

Ages 6-8	Mondays	4:00-5:00pm	Frenchtown Courts	Course Code#: SPR0007
Ages 9-12	Mondays	5:00-6:00pm	Frenchtown Courts	Course Code#: SPR0008

Session II April 24 – June 5, 2017 (no class 5/29)

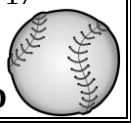
TEEN PICK UP BASKETBALL Fee: FREE Course Code#: WIN0026

Sign up to play pick up games of basketball with your friends in a supervised night. Different teams are formed each night with the players that show up. All abilities welcome. You must be pre-registered at the Parks & Recreation Office. Parent signature required.

Grades 9-12 Wednesdays 8:00-10:00pm High School Gym Session I March 1 – April 12, 2017

PITCH, HIT & RUN LOCAL EVENT

Tuesday, May 2, 2017 Frenchtown Field
Coed 7-14 year olds 4:00pm-5:00pm
Rain Date: TBD Age as of 7/17/17
Course Code#: SPR0026



PRE-REGISTRATION REQUIRED

Community Agencies
Not affiliated with Parks & Recreation

EG Little League: www.egllri.com
EG Youth Soccer: www.egsasoccer.com
EG Youth Lacrosse: www.eglax.org
EG Youth Basketball: www.eghoops.com

BORROW A CLUB PROGRAM:

Through a grant program with USGA, the Parks & Recreation Department has available youth golf club sets to borrow for a day. This is a great chance to introduce a youngster to the game that can be played for a lifetime. A parent must sign out the clubs and leave a $50 deposit in the form of a check. When the clubs are returned the deposit is returned. Right handed clubs sized for youth 6-8 years, 9-11 years (one left handed set available) and 11 years & up are available. Call the office to reserve a set, fill out the reservation paperwork, leave your deposit and off you go. Check out the local links-East Greenwich Country Club, Goddard Park Golf Course, North Kingstown Municipal Golf Course, Mulligan's Island, Button Hole, and so many more.