

Youth Athletics & Fitness

SQUEAKY SNEAKERS



Fee: \$85.00
Min. 5/ Max. 12

9 weeks

This popular class offers lots of running around, following directions, developing fine and gross motor skills, and playing cooperatively. Activities include games, songs, parachute games and many more activities. Moms and Dads can join the fun or use the program to help with transitional learning – child independence! Instructor: Program designed and taught by Teamworks Staff. *Session I classes will begin at Teamworks on Jefferson Blvd until Swift Gym is ready-about Feb. 1st.*

Ages 2–3½ yrs. Tuesdays 9:30-10:15am Swift Gym

Session I January 12 – March 16, 2010 (No class 2/16)

Session II March 30 – June 1, 2010 (No class 4/20)

ALL SPORTS



Fee: \$85.00
Min. 5/ Max. 16

9 weeks

Fun Dynamic Sports Program! Class is designed to focus on motor skills, basic sport/activity skills, developing social skills, increasing self esteem and having FUN! A different sport/activity is featured each week. Soccer, hockey, & t-ball to name a few of the different sports that will be the focus. Instructor: Program designed and taught by Teamworks Staff. *Session I classes will begin at Teamworks on Jefferson Blvd until Swift Gym is ready-about Feb. 1st*

TEAMWORKS★

Ages 3-5 yrs. Tuesdays 10:30-11:30am Swift Gym

Session I January 12 – March 16, 2010 (No class 2/16)

Session II March 30 – June 1, 2010 (No class 4/20)

PLAY BUDDIES



Fee: \$30.00
Min. 6/Max. 12

6 weeks

Need to burn off some energy during the colder months? Join some friends as you participate in active open ended activities set up by the instructor-obstacle courses, tricycle tracks, parachute games, and more.

Instructor: Carol Vigeant Location: Swift Gym

Ages 18mos-36mos w/adult Thursdays 10:15-11:00am

Ages 3-5 Thursdays 9:15-10:00am

Session I February 4 – March 18, 2010 (no class 2/18)

Session II April 1 – May 13, 2010 (no class 4/22)

SELF-DEFENSE



5 weeks

Fee: \$50.00
Min. 10/Max. 15

This program will teach the youths basic moves (stance, strikes, kicks, blocks, releases) in the art of self-defense, a form of karate. The class is taught by a certified Kenpo instructor. This class helps to develop the child's coordination, self-confidence, and control. Instructor: Ocean State Martial Arts

Ages 6-12 Tuesday 3:45-4:45pm Park & Rec. Office

Session I March 2 – March 30, 2010

BEGINNER SKATEBOARDING

7 weeks

CVL

Fee: \$35.00
Min.5/Max 15

CIVIL, East Greenwich's Main St. skate and snowboard shop, will be offering beginner skateboarding lessons to youth after school this Spring. Come and learn skateboarding skills and safety. All participants must have a skateboard and are required to wear helmets, knee and wrist pads. Please bring your board to Civil prior to the first class to determine suitability. Many participants' boards in the past have hindered their learning.

Grades 3-8 Wednesdays 3:45-4:45pm

Location: Skate Park-EGHS Parking lot



Session II April 28 – June 9, 2010

HERSHEY TRACK & FIELD LOCAL MEET

Friday, June 11, 2010 High School Track

Ages 9-14 (Age as of 12/31/10) Rain date: 6/12/10

4:45pm Registration 5:00pm Meet Begins

PITCH, HIT & RUN LOCAL EVENT

Friday, April 30, 2010 Eldredge Field

Coed 7-8 & 9-10 yr. olds 6:30pm

Coed 11-12 & 13-14 yr. olds 7:45pm

Rain Date: TBD Age as of 7/17/10

REGISTRATION

First day of registration begins on **January 4, 2010**

(see the first page for details)

Mail or deliver your forms prior to 1/4/09 for your best chance of getting your class selection during the lottery registration.

Youth Arts & Learning

MUSEUM MONDAYS

5 weeks

Fee: \$25.00
Min.10/Max. 20

Come and experience hands on visits from the Zoomobile, the URI's Bay Classroom, Audubon Society, and POW Science, as examples. Representatives will bring bits and pieces of their attraction for the group to learn and experience. Parent participation not required & **no siblings** due to the nature of the program & the class size.

Ages 4-6 Mondays 1:30-2:15pm Parks & Rec. Office

Session I January 25 – March 1, 2010 (No class 2/15)

MESSY CRAFTS

6 weeks



Fee: \$28.00
Min.6/Max. 8

Spend the afternoon creating art projects. Get your creative juices flowing as you glue, paint, cut, sculpt and more. Great for practicing fine motor skills and inspiring creativity. Please wear old clothes you are not afraid to soil or bring an apron. Instructor: Nancy Phillips

Ages 4-6 Mondays 9:30-10:15am Parks & Rec. Office

Ages 4-6 Mondays 1:30-2:15pm Parks & Rec. Office

Session II March 22 – May 3, 2010 (No class 4/19)

BROADWAY BABIES

6 weeks



Fee: \$75.00
Min.10/Max.12

Students will learn two or more vocal selections from a musical and then practice "staging" the songs in a specific and meaningful way. Students will also make props and crafts that they will use in the performance. Parents & friends are invited to attend the last class for a performance. Session I will feature songs from "Oliver" and session II from "Oklahoma". Instructor: Valerie Remillard Myette

Ages 4-6 Thursdays 9:15-10:45am Parks & Rec. Office

Ages 4-6 Thursdays 12:45-2:15pm Parks & Rec. Office

Session I February 4 – March 25, 2010 (no class 2/18, 3/18)

Session II April 8 – May 20, 2010 (no class 4/22)

SHOWSTOPPERS!

6 weeks



Fee: \$75.00
Min.10/Max.20

A musical theater class that prioritizes both acting and proper vocalization. Students will learn how to interpret and present a solo and the class will work together on one or more ensemble musical pieces from the Broadway musical "Little Shop of Horrors" (session I) and "Hairspray" (session II). Some reading ability is necessary. Parents and friends are

invited to attend the last class for a performance. Instructor: Valerie Myette

Ages 7-11 Thursdays 3:45-5:15pm Swift Gym

Session I February 4 – March 25, 2010 (no class 2/18, 3/18)

Session II April 8 – May 20, 2010 (no class 4/22)

FABRICS & NOTIONS

9 weeks



Fee: \$56.00
Min. 8/Max. 9

This program will teach youths how to sew and how the sewing machine works. The instructor will guide the students through class projects and individual projects approved by the instructor. A list of materials will be given out at the first class. Instructor: Janet Bliss

Age 9-14 Thursdays 3:45-5:45pm Parks & Rec. Office

Session I January 14 – March 18, 2010 (No class 2/18)

Session II April 1 – June 3, 2010 (No class 4/22)

SAFE SITTERS

3 days



Fee: \$51.00
Min.15 /Max. 20

This three day program is designed to teach new sitters and refresh present sitters on safe sitting techniques and qualities that make up a good sitter. Youths will be certified in CPR and First Aid as part of this course. This class is also valuable for children home alone after school or in the evening. Certificates will be awarded to those completing the three day course. The class works in conjunction with the East Greenwich Police and Fire Departments. Instructor: TBD

Ages 10 & up Police Community Room

Session I Friday, April 2nd 9:00am-1:00pm &

Thursdays, April 8th & 15th 3:45-5:45pm

PLANT, GROW, EAT

8 weeks



Fee: \$80.00
Min.10 /Max.15

Have you ever wanted to grow your own pizza, salad or salsa garden, make your own healthy snacks, play fun food games, then come and join our Master Gardener with 16 years teaching gardening, cooking and healthy eating. Instructor: Kim Korb

Grades 2-5 Mondays 3:45-4:30pm Parks & Rec. Office

Session II April 5 – June 7, 2010 (no classes 4/19, 5/31)

MUSIC ENRICHMENT CLASSES:

Fee: \$75.00 9 weeks Min. 8/Max. 10

The following classes are being offered by the Music School. The "Musikgarten" program, designed to nurture the child's music aptitude by engaging them in singing and movement, will be utilized. **Instructor**, Jane Revkin, has many years of teaching children from ages 1-8 at Montessori schools, the RI Philharmonic Music School and many afterschool and summer programs. She studied Kodaly method and more recently the "Musikgarten" program. These classes are designed as a continuation program from session to session-although you do not need to attend the first to take the second session. An optional material cost covers materials that you may purchase to use the program at home. **Location:** Parks & Recreation Office

TODDLER MUSIC & MOVEMENT

This class is designed to bring the joy of music and movement to the toddler and their caregiver. Activities include singing, dancing, focused listening and simple instrument playing. Parent participation class.

Ages 15-36 mos.w/parent Wednesdays 9:30-10:15am

MORE MUSIC FOR 3s & 4s

This class is designed to nurture the emergent independence of the 3 and young 4 year old. Activities include lots of singing, chants, and rhymes, listening games, patterns to echo and movement games. Parents stay for the class, although some of the activities are designed to have the children participate individually. Parent participation class.

Ages 3-4 years Wednesdays 10:15-11:00am

EXPLORE MUSIC THROUGH SIGHTS & SOUNDS

This class is a continuation of the More Music and goes to a higher level of child's musical development through songs and play. The children develop more tonal and rhythm patterns as they discover poetry and stories, circle dances, listening games and more instrumental play. No parent participation.

Ages 4½ -5½ years Wednesdays 11:00-11:45am

Session I January 13 – March 17, 2010 (no 2/17)

Session II March 31 – June 2, 2010 (No 4/21)

DANCE AND MOVEMENT CLASSES

Fee: \$72.00 6 weeks Min.5 /Max.12 Parks & Rec. Off.

BABY DANCE

Moms regain your pre-pregnancy shape through the joy of dance while spending quality time with your baby. Join us in a friendly atmosphere as we blend easy-to-follow dance moves and stretching postures. No dance experience required. We also focus on gentle exercises for your baby using baby exercise balls, mats and musical instruments (all provided) to stimulate your baby's brain growth and overall development. Build intimacy and trust bonding and dancing with your baby!

Please bring a small blanket. No siblings allowed.
Instructor: Early Childhood Movement and Dance Director, Karen Sacchetti

Ages 4 months-pre-walker w/ Mom Wednes. 2-2:45pm

KINDERDANCE

Students advance their dance and movement skills through a quality creative dance program that meets the National Standards for Dance Education. We provide a stimulating and fun atmosphere that also promotes social and creative development that is important to the young child's overall development during their formative years. Instructor: Early Childhood Movement and Dance Director, Karen Sacchetti

Ages 4-6 years Wednesdays 1:00-1:45pm

SPECIAL NEEDS EXPRESSIVE DANCE

Elementary-aged children with special needs dance their way to health. Watch your child improve sensory awareness through integration of movement. Classes focus on developing locomotor/nonlocomotor skills, social/emotional and cognitive skills. This program has been specially designed to include expressive dance and the BrainDance to develop healthy body and brain development within your child. Instructor: Early Childhood Movement and Dance Director, Karen Sacchetti

Ages 6-10 Wednesdays 3:45-4:30pm

Session I January 20 – March 3, 2010 (no class 2/17)

Session II March 24 – May 5, 2010 (no class 4/21)

Pick-up Athletic Nights

Teen players must pre-register to ensure that players are from East Greenwich, to avoid the hassle of paying each night, and to have emergency information on all participants.

HS PICK UP BASKETBALL Fee: FREE

Pre-registration required.

Limited spaces available.

High School teens looking to play games of basketball are welcomed to attend. All participants will be required to play. No program when school is not in session-vacations, holidays, snow days.
HS Students High School Gym Wednesday 7:00-9:00pm
Session I December 9 - April 28, 2010



REGISTRATION

First day of registration begins on **January 4, 2010**

(see the first page for details)

Mail or deliver your forms prior to 1/4/09 for your best chance of getting your class selection during the lottery registration.

Community Agencies

Not affiliated with Parks & Recreation

East Greenwich Little League: Sign-ups for Spring 2010 took place in November '09. Visit the group's web page www.eteamz.com/go_egll/.

East Greenwich Youth Soccer: Sign-ups take place on line in the spring for the 2010 Fall program. Additional information can be obtained through their web page at www.egsasoccer.com.

East Greenwich Youth Lacrosse: Sign-ups began November 1st for the spring program. Additional information can be obtained from the group's web page at www.eglax.org.

East Greenwich Youth Center: Meets weekly. Contact Bob Houghtaling at 885-3300 for specific days, times and location.

2010 Winter & Spring Registration Form

Last Name:	First Name:	DOB:	Grade:
Street:	Town/City:	Zip:	Hm Phone:
Mother's/Wife's Name:	Father's/Husband's Name:	Participant's Gender: Male Female	
Mother's/Wife's Work/Cell #:	Father's/Husband's Work/Cell #:	Emergency Name:	
East Greenwich Residential Tax Payer: Yes _____ No _____		Emergency Ph#:	
Medical or physical difficulties/treatments/allergies: Please explain and add any helpful information.			
Photo Release: I will allow photographs of my child to be taken for the use in promotional materials (newprint, flyers, presentations, etc..) and/or by the media for purposes of promoting Parks & Recreation programs. Yes _____ No _____			
Financial Assistance Requested? Yes _____ No _____			

***** **RELEASE & PICK UP INFORMATION** *****

My child is allowed to walk home or bike home from the activities: If you check yes, your child will be released on his/her own. No sign out required by an adult. Yes _____ No _____
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If you checked "NO" to the above, then your child will only be released to the parents and emergency contact listed above and to the people listed here. Changes to this information must be filled out in person at the office by the parent/guardian. Notes sent in with the child/friend will NOT be accepted.	
Name, Address & Phone	Name, Address & Phone

My child MUST NOT be released to the following person: ie restraining orders Name: _____ Address: _____

Write in your class selection below.

Participant may only sign up for ONE session per class of his/her choice at the September registration.

Program Name	Age/Grade	Session	Day	Time	Fee

All participants and their guardians, through participation in these programs acknowledge an assumption of risk of injury and release the Town of East Greenwich, its staff and volunteers from all liability. My signature acknowledges that I have read the flyer rules, regulations and the risk assumption and will abide by them.

Participant's/Parent's/Guardian's Signature: _____ **Date:** _____

Town of East Greenwich
Parks & Recreation Dept.
PO Box 111
East Greenwich, RI 02818

Make Checks Payable to:
*East Greenwich
Parks & Recreation*