




## October 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
CALL ROBERTA TO MAKE AN APPT. IF YOU NEED TRANSPORTATION 886-8669 EXT. 1	9/27 AM- DR. APPT'S 11:30 LUNCH 12:45 LUNCH HOME	9/28 9:30 STRETCH & TONE 11:30 LUNCH 12:45 LUNCH HOME PM - DR. APPT'S	9/29 10:30 STRETCH & TONE 11:30 LUNCH 12:45 LUNCH HOME	9/30 8:45M STOP&SHOP 11:30 LUNCH 12:45 LUNCH HOME	1 10:30 CIRCUIT CLASS 11:30 LUNCH 12:45 LUNCH HOME 1:30 MARKET BASKET	2 SCHEDULE IS SUBJECT TO CHANGE
3 ALL RIDES ARE BY APPOINTMENT ONLY AND REQUIRE 48 HOURS ADVANCE NOTICE.	4 AM- DR. APPT'S 11:30 LUNCH 12:45 LUNCH HOME	5 VOTING DAY SENIOR CENTER CLOSED  AM-VOTING PM - DR. APPT'S	6 8:45 JOBLot 10:30 STRETCH & TONE 11:30 LUNCH 12:45 LUNCH HOME 1:30 STOP & SHOP	7  Community LUNCH LUNCH TRANSPORTATION ONLY	8 MYSTIC VILLAGE TRIP  LUNCH TRANSPORTATION ONLY	9 PLEASE CALL THE OFFICE BY WEDNESDAY OF THE PRIOR WEEK TO ORDER LUNCH 886-8669 EXT. 4
10	11 SENIOR CENTER CLOSED  COLUMBUS DAY	12 9:30 STRETCH & TONE 11:30 LUNCH 12:45 LUNCH HOME PM - DR. APPT'S	13 8:45 PHILOSOPHY 10:30 STRETCH & TONE 11:30 LUNCH 12:45 LUNCH HOME	14 11:30 LUNCH 12:45 LUNCH HOME NEW 1PM STOP & SHOP DAVES NK	15 8:45 PEZZA FARM EG 10:30 CIRCUIT CLASS 11:30 LUNCH 12:45 LUNCH HOME 1:00-3:30 FLU CLINIC	16
17	18 AM- DR. APPT'S 11:30 LUNCH 12:45 LUNCH HOME	19 9:30 STRETCH & TONE 11:30 LUNCH 12:45 LUNCH HOME PM - DR. APPT'S	20 10:30 STRETCH & TONE 11:30 LUNCH 12:45 LUNCH HOME 1:15 DOLLAR TREE	21 11:30 LUNCH 12:45 LUNCH HOME NEW 1PM STOP & SHOP DAVES NK	22  LUNCH TRANSPORTATION ONLY	23
24	25 AM- DR. APPT'S 11:30 LUNCH 12:45 LUNCH HOME	26 9:30 STRETCH & TONE 11:30 LUNCH 12:45 LUNCH HOME PM - DR. APPT'S	27 8:45 PHILOSOPHY 10:30 STRETCH & TONE 11:30 LUNCH 12:45 LUNCH HOME	28 11:30 LUNCH 12:45 LUNCH HOME NEW 1PM STOP & SHOP DAVES NK	29 10:30 CIRCUIT CLASS 11:30 LUNCH 12:45 LUNCH HOME 1:30 WALMART NK	30